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Friday's Jackpot



KNIGHTS BEEF UP BLUE LINE (FOR \$1K)

WITH LONDON'S OHL SEASON OPENER A DAY AWAY, THE CLUB ACQUIRES OWEN STEWART FROM THE KITCHENER RANGERS

PAGE 17



Cops upgrade charge in hotel death

James McCullough, 20, now faces a first-degree murder charge in the Sept. 8 death of Alex Fraser

PAGE 3

Appeal to all senses. And then one

Metro's photo contest is underway, and the Canadian judges expect you to make their senses sizzle

PAGE 4

Nothing like a refreshing ... wow that's offensive

Coca-Cola apologizes after Alberta woman finds 'YOU RETARD' on drink cap

PAGE 7



TRAGEDY ON THE TRACKS

Six people were killed and many more were injured Wednesday when an Ottawa city bus drove through a railway crossing and was hit by an oncoming VIA train. The collision sheared off the front of the double-decker bus and knocked the locomotive, along with one of four passenger cars, off the tracks. See coverage on page 6. ADRIAN WYLD/THE CANADIAN PRESS

Woman dies after assault

Awaiting autopsy.
Common-law partner
charged in attack

Police-reported

According to 2010 figures from Statistics Canada, London ranks near the bottom of a list for rates of police-reported family violence in cities nationwide.

A London woman who was sent to hospital after an alleged Sept. 1 domestic assault is dead. And a man may soon have the charges against him upgraded.

Because the charges are due to an alleged domestic incident, police have not released the names of the victim or the suspect. The couple was in a common-law relationship.

Although the man has been charged with aggravated assault, more serious charges could be laid depending on the results of an autopsy.

The autopsy was being done Wednesday but results could take weeks, police say. The woman had been in critical condition in hospital since she arrived. She died Tuesday.

If it's determined she died as a result of the assault, it would be the fifth homicide of the year in London and the third

this month.

Paul Curry, 50, was killed in a Manitoba Street residence sometime early Monday morning. Alex Fraser, a 20-year-old Orangeville resident, was stabbed to death and his body was dismembered inside an Exeter Road Travelodge Hotel room Sept. 8.

According to Statistics Canada, about 99,000 Canadians were victims of police-reported family violence in 2010. Of these, almost 50 per cent were committed by their spouse.

Women aged 15 and older accounted for 81 per cent of all victims of police-reported spousal violence.

SCOTT TAYLOR/METRO

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Breaking up with your home could get harder to do

Abandonment.

Walking out of your house may mean a \$2,000 bill from the city



MIKE DONACHIE
mike.donachie@metronews.ca

Sometimes people just walk away from their homes.

It happened on York Street. A homeowner locked the door one day almost five years ago, and moved out of town. Now, the house is falling apart.

It's been vandalized and flooded. The raccoons moved in, and, maybe because of the black mould, moved out again. Junkies use the place from time to time, neighbours say.

It's driving people like Phill Labatt crazy, and he's been calling the city's bylaw enforcement office for years.

"The place is uninhabitable," Labatt said. "It would have to be demolished.

"We don't want an empty lot because that would be even worse. We just want a house and a family here."

He's also been calling Coun. Stephen Orser, who thinks he might have a solution — not only for his ward but for the city as a whole.

Orser wants to charge absent property owners \$2,000



Phill Labatt and neighbour Alyssa Young stand outside a derelict house on York Street. Young's basement was flooded when the pipes burst in the empty house next door. It caused \$18,000 worth of damage. MIKE DONACHIE/METRO

to register their properties on a city-held list, which he says would make bylaw enforcement easier. On Tuesday, city council agreed to have staff investigate the idea.

"I've had problems in Ward 4 on York Street and Queens Ave. with properties that have been abandoned," Orser told Metro. "They're boarded up and fenced in. There are multiple calls that come in to fire,

police and bylaw enforcement for problems that started with (the properties), so it costs the taxpayer a lot.

"People take up residence in some of these properties and kids get in and vandalize them and start fires. These places get full of animals."

The cost to register a property, Orser said, is meant to be "an incentive not to leave a place vacant."

How many are there?

- **Scope.** Orest Katolyk, the city's bylaw enforcement manager, said there are about 100 abandoned properties in London.

- **Rules.** He and Deputy Fire Chief Jim Jessop are working on the city's plans

for new rules that would create a registry of empty buildings.

- **Penalties.** Katolyk said the aim is to add extra charges to a property owner's tax bill if they walk away from a property.

Weapons found in London home

A London man faces several weapons-related charges after a joint RCMP and Canadian Border Services Agency (CBSA) investigation.

The operation began Aug. 23 when CBSA officers at the International Mail Pro-

cessing Centre in Vancouver intercepted a parcel containing prohibited weapons addressed to a London resident.

The parcel, which originated from Singapore, was examined and found to con-

tain two stun guns.

London CBSA and RCMP agents executed a search warrant Sept. 6 at a residence on Trafalgar Street, where they found a stun gun, brass knuckles, pepper spray and a flick knife. A small quantity of marijuana was also discovered during the search.

Josh Medina, 23, of London, has been charged with two counts of importation of a prohibited weapon, six counts of possession of a weapon for a dangerous purpose and six counts of unauthorized possession of a prohibited weapon.

He was also charged with possession of a controlled substance by the Mounties and with smuggling and possession of illegally imported goods by the CBSA.

Medina is scheduled to appear in a London court Oct. 18. SCOTT TAYLOR/METRO



A representative from Taser International displays one of the company's stun guns. CHRISTOPHER FURLONG/GETTY IMAGES FILE

Homicide. Police search for truck linked to murder



Police are looking for tips about this truck in relation to a homicide. CONTRIBUTED

London police have released a picture of a truck they say is connected to a Monday homicide on Manitoba Street.

The white 1978 Ford F350 has a black oversized box that is can operate like a dump truck. Police are seeking information from people who may have seen the truck between Friday and Monday.

Police say Paul Curry, 50, was found dead inside the home at 361 Manitoba St. after

someone called 911 to report a house fire at about 3:30 a.m.

The incident is being investigated as a homicide.

Shane Wood, 37, of London, has been charged with break and enter and arson. More charges could follow the autopsy, police say. Police say Curry and Wood knew one another.

Anyone with information is asked to call police at 519-661-5670 or Crime Stoppers at 800-222-TIPS. MIKE DONACHIE/METRO

Forcing change through their written work

A tree serenade.

London's poetry activists have a message for you



MIKE DONACHIE
mike.donachie@metronews.ca

Want to change the world? Write a poem.

London poets are out to do just that. Calling themselves "poetry activists," they're planning a reading titled *Serenade To The Trees*, with a green message.

It's led by Penn Kemp, London's former poet laureate, who recently campaigned unsuccessfully to stop the huge PenEquity development on a woodlot near Highway 401.

The development may have been approved by city

council, but it won't stop Kemp from trying to win hearts and minds before another green space is threatened.

With cohorts Jennifer Chesnut, Andreas Gripp and Tom Cull, she's joined LOOK Fest, the Locally Organized Organic Knowledge event with an ecological message.

As part of it, they will give readings with an ecological theme. The idea is to get people to think about their world, and the future of the Forest City through poetry.

"It's the power of words to create a change," said Kemp. "They make us aware of what is actually happening in the world."

"They make us aware of climate change, of the environment, of our particular situation. It's to keep us in touch."

But why should poets get

At a glance

- LOOK Fest runs from 10 a.m. to 6 p.m. Sept. 28 at the Western Fair Farmers' Market. It aims to educate about ecology and justice through the arts, and includes storytelling, song, speeches and a tree-planting ceremony.
- *Serenade To The Trees* takes place at 1 p.m. that day.
- Penn Kemp's involvement also has an official link to the worldwide 100,000 Poets For Change movement, which is trying to promote social and political dialogue.

political?

"We're free to forge new paths," Kemp explained. "We're free to bear witness."

"The trees can't speak. The plants can't speak. The animals can't speak. We can speak for them. As artists, it's our responsibility."

Work opportunities

Manufacturing jobs up for grabs at two-day career fair

A London human-resources firm is hosting a two-day manufacturing career fair at Western Fair District.

The fair will be in the district's Carousel Room Friday and Saturday with employers looking to fill hundreds of positions across Southwestern Ontario.

People at the fair will be able to meet directly with company representatives from facilities in cities including St. Thomas, Woodstock, London, Stratford, St. Marys and Tillsonburg.

METRO

Skipping out. Justin Trudeau crosses Forest City off travel agenda

A planned visit to London by federal Liberal leader Justin Trudeau has been cancelled due to personal reasons, his spokeswoman said.

He had been scheduled to stop at Covent Garden Market on Thursday and to tour Fanshawe College's Centre for Applied Transportation Technologies, where he planned to meet with students and faculty. He was also expected to visit Western University.

Kate Monfette, the spokeswoman, wouldn't elaborate on the reason for the cancellation, but said Trudeau had been looking forward to returning to the city and was sorry he wouldn't be able to make it this time.

While he hopes to reschedule, a new date has not been chosen, Monfette said.

Trudeau last visited London in February while he was still campaigning for the Liberal leadership.

During that stop, Trudeau drew about 500 students to Western's Spoke lounge for a talk that focused on his vision for Canada. The speech marked the first time Trudeau called publicly for the legalization of marijuana.

SCOTT TAYLOR/METRO

On the web

For more local news go to metronews.ca



Raising money for diabetes research? No sweat!

Saddle up! About 100 people swapped business suits for sweats Wednesday afternoon to help the Juvenile Diabetes Research Foundation. Teams from banks and other financial institutions jumped aboard stationary bikes outside Budweiser Gardens as a fundraiser for research into type 1 diabetes. Pictured here is Amy Horst from the TD Bank team. MIKE DONACHIE/METRO

Charges upgraded in Travelodge homicide

London police have upgraded a murder charge against an Orangeville man accused in a Sept. 8 slaying at the Travelodge Hotel on Exeter Road.

James McCullough, 20, now faces a charge of first-degree murder in the death of 20-year-old Alex Fraser, also from Orangeville.

Police found Fraser's dismembered body in a third-floor room after receiving a 911 call about 8 p.m. An autopsy on the body re-

vealed that Fraser had been stabbed to death, police have said.

Police say the men knew each other, but little else is known about the relationship or why they were in the London hotel room together.

McCullough had previously been charged with second-degree murder and committing an indignity to a human body.

He's scheduled to appear in court via video Thursday

morning.

Fraser's death marked the second time this year a homicide has involved dismemberment.

Jason Cleveland, 38, was charged with two counts of second-degree murder and one count of committing an indignity to a human body.

The charges were laid after police discovered two bodies in a west London apartment on Easter weekend.

SCOTT TAYLOR/METRO

COROLLA

Like you've never seen it before.

You've seen Corolla many times. But we're sure you've never seen one quite like this.

Introducing the totally redesigned 2014 Corolla. A sleek, expressive exterior design is wrapped around a bold, spacious interior. Take a seat behind the wheel and you'll find impressive attention to detail, starting with its premium soft touch materials. And with a great list of technologically advanced features like a 6.1" Touchscreen Display Audio System with Voice Recognition, a Backup Camera and an available Moonroof that gives you a great view day or night – you'll have more reasons than ever to show it off. No matter how you look at it, it's still the car you can rely on. Only now, you can rely on it to turn a few heads also.



Corolla S shown.



toyota.ca



A VIA Rail train and a city bus collided in Ottawa's west end on Wednesday. A police spokesman said officers responded to the call at 8:48 a.m. TERRY PEDWELL/THE CANADIAN PRESS

Passengers watch in horror as bus barrels into train

Ottawa. Impact kills driver, five passengers as witnesses view it all in disbelief

Passengers aboard a double-decker bus screamed "Stop! Stop!" as the driver plowed through a flashing level crossing and into a passing VIA Rail train Wednesday morning, killing at least six people and injuring many more.

The horrific collision sheared off the front of the bus and knocked the VIA locomotive and one of four passenger cars off the tracks.

Police confirmed six dead, while several area hospitals were flooded by 31 patients, including 11 in critical condition.

"People started screaming, 'Stop, stop!' because they could see the train coming down the track," said student Tanner Trepaniere, who was on the upper level of the new, double-decker OC Transpo bus.

"There was a lot of scream-

Unforeseen disaster

"We've lost six of our neighbours, people who started off this ... sunny day as we all did, heading from their homes and loved ones to go about their daily lives."

Ottawa Mayor Jim Watson, in a Wednesday afternoon press conference

ing, but then people were actually relatively calm, considering the situation," Trepaniere said of the aftermath.

"He must have lost his brakes," said Pascal Logis, who saw the bus go through the barrier. "Or he had an ... attack or whatever.... He just didn't stop."

"I was just looking around, just watching things happen," said another witness, Mark Cogan, who agreed the barrier was down.

"I just thought maybe there's a side way around or something, but instantly ... he went through the guard rail and just hammered the train and then it was just mayhem."

Ottawa police spokesman Marc Soucy said officers responded at 8:48 a.m. Rescue crews swarmed over the man-

gled wreckage as ambulances, fire trucks and police vehicles flooded the scene.

The injured passengers who could walk were taken to a second bus on the opposite side of the tracks to be treated.

The accident occurred just outside a suburban Via station in the west end. The train tracks in the area cross both a major city street and a transit line reserved for buses only.

At a press conference, Mayor Jim Watson summed up the shock of the crash and its effect on the community.

"The sorrow that we all feel is deep and I'm sure shared by all residents of Ottawa, and in fact all of Canada," he said.

JOE LOFARO, GRAHAM LANKTREE, SEAN MCKIBBON, STEVE COLLINS/METRO IN OTTAWA, WITH FILES FROM THE CANADIAN PRESS



A man carries a young child away from the wreck. ADRIAN WYLD/THE CANADIAN PRESS

Sixth victim

Bus driver a 'very nice guy'

As family and friends mourn the death of five passengers, a Gloucester family is grieving the sixth victim: bus driver Dave Woodard.

People who know the family said the driver's relatives were traumatized by the news.

Reached by phone, a neighbour expressed disbelief that Woodard was behind the wheel.

"He was a very nice guy," said the woman, who didn't want her name published.

"I was just speaking with him yesterday and it just blew me away when I heard he was the driver."

Woodard had 10 years of experience as an OC Transpo bus driver.

"He was a great neighbour," she said.

"Very personable, would talk to anybody. I'm sure he would give you the shirt off his back if he could."

JOE LOFARO/METRO IN OTTAWA

Investigation

Piecing the facts together

Transit officials gathered evidence and began to piece together what led to the collision Wednesday.

Glen Pilon, lead investigator for the Transportation Safety Board of Canada, said recording equipment could detail the speed the vehicles were travelling, whether they braked before impact and whether they were working properly to determine what caused the crash.

Passenger Gregory Mech was on the second level of the bus and described the impact that killed driver Dave Woodard and five passengers.

"My personal assessment was that he did not brake. Others said he broke a second before impact," he said.

"We were all thrown forward," he said, "but as the train was going through the crossing it was still moving forward... We had a left-right shake."

Mech added that an 80- to 90-degree turn in the road before the rail crossing may have been a contributing factor.

"You don't see the crossing until you complete the curve," he said.

GRAHAM LANKTREE/METRO IN OTTAWA



Blake Loates, an Edmonton photographer whose sister is developmentally disabled, was shocked to see the words, "you retard" stamped on the underside of a Vitamin Water bottle cap. LUCY HAINES/FOR METRO IN EDMONTON

Coca-Cola apologizes for 'you retard' cap

'Shocked.' Edmonton woman, whose sister is developmentally disabled, discovers 'R-word' on bottle of Vitamin Water

Coca-Cola apologized Wednesday to the family of an Alberta woman who was shocked to unscrew a bottle of the company's Vitamin Water and find the words "you retard" printed inside the cap.

Edmonton-based photographer Blake Loates said she and her husband discovered the cap while out for dinner on Tuesday night.

"We were both pretty shocked," she said.

What makes the situation even more upsetting to Loates is that her younger sister Fiona is living with cerebral palsy and autism, and Loates

was taught that the "R-word" is completely unacceptable.

"The R-word is just something we don't say in my family," said Loates. "My dad is quite upset and is on a rampage."

Her father, Doug Loates, who lives in Tacoma, Wash. with twin 11-year-old daughters Fiona and Maddi, stayed up all night writing letters to Coca-Cola, looking for an explanation for the offensive cap.

"I am astonished that a major corporation could allow someone to tarnish their brand," he said. "Not everyone in Canada speaks French — like my daughter Blake."

The caps are part of a promotion run by the company, displaying a random English word followed by a random French word. "Retard" in French means lateness or delay.

Since the issue was brought to Coca-Cola, the

company has been in touch with the Loates family to offer an apology.

"We did not mean to offend at all," said Shannon Denny, director of brand communications for Coca-Cola Refreshment Canada. "We are certainly very apologetic for this oversight."

While Denny said the words were reviewed before going out to store shelves, they were reviewed in their French context, not in both French and English.

"When you look at the same word in English, it takes an offensive connotation," Denny said.

The process of matching the English and French words is supposed to be completely random, according to Denny, and the chances of those two words being paired together was slim.

David Thomson, vice-president of still beverages for Coca-Cola, said the remaining

Quoted

"The R-word is just something we don't say in my family. My dad is quite upset and is on a rampage."

Blake Loates, an Edmonton photographer, who discovered the words "you retard" under the cap of a bottle of Vitamin Water.

caps in their facilities have now been destroyed.

"We have learned from this and it was a mistake," he said. "At no point in time did we intend on offending anyone by any stretch, and we have cancelled and moved on and have dealt with this as soon as possible."

Thomson said he will be drafting a formal apology letter to the Loates family that will also detail the course of action they will take to correct the situation. **CANDICE WARD/FOR METRO IN EDMONTON**

Facebook pulls Parsons dating ad

The use of photos of Rehtaeh Parsons in online dating ads posted on Facebook is upsetting but ultimately an inevitable reality of social media, an expert in Internet and privacy law said Wednesday.

Prof. Robert Currie of Dalhousie University in Halifax said companies are increasingly using automated programs that rip photos from websites, and it was only a matter of time before the now-ubiquitous image of the 17-year-old girl wound up somewhere it shouldn't have.

"This is how technology works and it's another example of how little control anyone has over any image once it gets out into the Internet sphere," said Currie.

"It really seems to me to be an unfortunate accident that is causing a lot of grief and heartbreak to the Parsons family and others who loved this girl and who were disturbed by this case. But it's just the kind of thing that is going to happen."

The ads for ionechat.com featured pictures of Parsons under the heading, "Find Love in Canada! Meet Canadian girls and women for friendship, dating or relationships."

Rehtaeh's father reacts

"It was pretty disturbing and disgusting to see something like that."

Glen Canning, father of Rehtaeh Parsons

Parsons hanged herself in April and was taken off life support days later. Her family says her death was brought on by months of bullying following an alleged sexual assault.

The administrator of ionechat.com, Anh Dung, said the photos used in the ads were a mistake and taken randomly from Google by a so-called image scraper.

"I'm a foreigner, so I didn't even know her name and the story ... so I didn't know it was the victim's photo," Dung wrote in an email.

"I feel so guilty, I sincerely apologize," he continued. "I'm so stressed right now."

Facebook apologized for the ads, saying they were a "gross violation" of the company's policies and have been removed. It also said ionechat.com has been banned from advertising on its website.

THE CANADIAN PRESS



A woman holds a photo as hundreds attend a community vigil to remember Rehtaeh Parsons in Halifax in April. Facebook apologized Tuesday for featuring an ad for a dating website that used a picture of Parsons, the 17-year-old Nova Scotia girl who died after attempting suicide. ANDREW VAUGHAN/THE CANADIAN PRESS

The ethics of image scraping

Social media expert Anatoliy Gruzd said he believes image scraping raises ethical questions.

- "It clearly would be unethical to automatically scrape pictures where you don't have permission and use it for commercial



purposes," said Gruzd. "But unfortunately ... it's hard to train the algorithm to recognize what pictures are OK to scrape and what pictures are not."

Pro-rape chant. UBC society to donate \$250K for counselling, education

A University of British Columbia undergraduate society involved in a frosh week chant glorifying the abuse of underage girls has pledged to contribute \$250,000 for sexual-abuse counselling and education for students.

The university released a report Wednesday about the incident, saying student leaders of the Commerce Undergraduate Society will be held accountable because they did nothing to stop the offensive chant heard by most first-year business students.

However, the report found no evidence that any of the student leaders involved planned or directed students to use the chant, though four of them resigned over the scandal last week. The report called the chant an "oral tradition."

The song students sang on buses going back and forth to the university from a hotel in Richmond, B.C., spelled out the word "young" with the lyrics, "Y is for your sister ... U is for underage, N is for no consent."

Robert Helsley, dean at the Sauder School of Business,

said he will ensure such inappropriate events never happen again so all students can feel safe and welcome.

The entire UBC community must embark on lasting change that will make such chants unacceptable, said university president Stephen Toope.

"We all need to be involved — those who made serious mistakes and misjudgments, and those who didn't," he said in a statement.

Toope has appointed Louise Cowin, the vice-president of students, to lead a task force to come up with broader measures to address the problem.

Cowin said the task force, which will report back to Toope by early next year, will bring together academic experts in sexualized violence to consider what the university can do to make "transformative and robust change."

She said the \$250,000 will be used to hire a counsellor to work in the university's counselling service for three years and that the position may be extended.

THE CANADIAN PRESS

Low-key launch. BlackBerry's new phone has 5-inch screen

BlackBerry, amid minimal fanfare, unveiled another new smartphone on Wednesday, this time with a bigger screen that appears designed to attract users who want a midpoint device between a phone and tablet.

But the launch was largely overshadowed by the latest developments at its competitors and reports that the company is planning to deliver another round of major layoffs.

It's the latest setback for the company, which has been trying to regain ground in the technology market even as consumers seem to be increasingly losing interest in the brand.

Apple, Samsung and other rivals continue to release new versions of their devices alongside a growing number of players in the tablet market.

The new BlackBerry Z30 comes with a five-inch screen, improved battery life and a

Major layoffs ahead?

- BlackBerry could lay off as many as 5,000 employees in the coming months in an effort to return the smartphone maker to profitability, according to a media report.
- The Wall Street Journal says executives are preparing to reduce the company's staff by as much as 40 per cent before the end of the year, citing people familiar with the matter.



The BlackBerry Z30 has a five-inch display, which means it's about the same size as its competitor, the Samsung Galaxy S4. COURTESY BLACKBERRY

faster processor than the models released earlier this year, and is about the same size as its competitor, the Samsung Galaxy S4. BlackBerry took a relatively low-key approach to promote the new device on Wednesday.

THE CANADIAN PRESS



Getting his 'n' hers out of the toy store

Christian Banos, 5 and his sister, Michelle Banos, 3, build a castle at Legoland Discovery Centre at the Vaughan Mills mall north of Toronto in this March file photo. Toys "R" Us in the U.K. recently pledged to move away from gender-specific marketing of toys — a commitment that has already been made by the retailer in Canada. But despite a push towards dissolving divisions of toys by gender on store shelves, the continued colour-coding and promotion of particular products as girl or boy-specific remains a contentious issue. THE CANADIAN PRESS FILE

There she blows! App helps ships avoid striking whales

U.S. federal officials trying to reduce the number of whales that are struck and killed by ships sailing in and out of San Francisco Bay are testing a new smartphone application that could help locate the creatures more accurately.

The Whale Spotter app would allow sailors, fishermen and marine scientists who spot whales to plot their location on an interactive map. The maps created could then be used by National Oceanic and Atmospheric Administration and U.S. Coast Guard officials to recommend different vessel routes.

It's a crowd-sourcing approach to an old problem. John Berge, vice-president of the Pacific Merchant Shipping Association, said the shipping in-



A blue whale is shown near a cargo ship in the Santa Barbara Channel off the California coast.

THE ASSOCIATED PRESS FILE

dustry supported development of the app as another tool in a new arsenal being created to reduce the strikes.

"Everybody agrees that we need to try to keep whales and ships separated physically to the greatest extent possible," Berge said. THE ASSOCIATED PRESS

Market Minute

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97.83¢
(+0.70¢)

Natural gas: \$3.73 (-1¢)
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OIL
\$108.07 US (+\$2.65)

GOLD
\$1,307.60 US (-\$1.80)

Tax evasion

Beanie Babies creator charged

The creator of Beanie Babies stuffed animals has been charged with federal tax evasion in the U.S. for failing to report income earned in a secret offshore account.

THE ASSOCIATED PRESS

Online privacy

LinkedIn asks to disclose FISA data

LinkedIn has asked a secret court to allow it to disclose the number of U.S. national security orders the company has received under the Foreign Intelligence Surveillance Act. On Wednes-

day, LinkedIn joined four other companies — Google, Microsoft, Yahoo and Facebook — that have similar cases pending before the FISA Court. Among other reasons, LinkedIn said it wanted to disclose the information to address members' concerns about the privacy and security of their data. THE ASSOCIATED PRESS

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TAKE GUESSING OUT OF THE GAME

Hockey's off-season is over! What a terrible couple of weeks that was.

Without the lifeblood of hockey coursing through my veins, I was forced to have awkward conversations with friends about topics I'm not actually interested in, such as their friendship. But now that the Zamboni has had time to flood the ice not once but twice and the Chicago Blackhawks victory parade has almost wrapped up, we can drop the puck again.

The new season has many storylines that will unfold on TV screens just over my first dates' shoulders this winter, so here's a look at my predictions for the 2013-14 NHL season:

Boston Bruins forward Patrice Bergeron, who fought last playoffs through a separated shoulder, broken rib, torn rib cartilage, and a face that looked like it had been mulched, all in a losing cause, will produce a series of "For The Love Of The Game" youth recruitment videos, causing Canadian enrolment to plummet.

The Phoenix Coyotes will celebrate their 1,000th customer. Florida Panthers goalie and Tea Partier Tim Thomas will once



HE SAYS

John Mazerolle

metronews.ca

again find himself in hot water politically, when a 1983 photo surfaces showing him shaking hands with Cuban communist revolutionary Fidel Castro.

The New York Islanders, hit by years of budget constraints, will send pink slips to all their left-handed shots. Management will promise to do "more with less."

Vancouver Canucks coach John Tortorella will show a new, softer side by letting reporters finish their questions before politely explaining that their questions are stupid and they should consider another line of work, like base jumping.

This year's outdoor games (23 in all) will remind fans of a gentler, simpler time when games were played outside at an inconvenient distance for \$400 a ticket.

Newly acquired Dallas Stars forward Tyler Seguin, infamous for his partying, will run afoul of management when he's caught with an escort near the left face-off dot at the 13-minute mark of the third period.

In a hilarious gaffe that will be replayed on all of the highlight shows, a Raleigh man will accidentally pay full price for a Carolina Hurricanes ticket.

Pittsburgh Penguins superstar Sidney Crosby will transform from a whiny diver who thinks nothing of cheating and makes fans sick, to a feisty acrobat who will do anything to win and makes Canadians' hearts swell with pride, from Feb. 7 to 23 inclusive. Fans will have no explanation for the change.

The amount of hits to the head will be reduced thanks to a league-wide focus on each team's biggest players punishing transgressors by hitting them multiple times in the head.

Longtime Ottawa Senators forward Daniel Alfredsson will reveal in his first visit to the nation's capital as a member of the Detroit Red Wings, that HE WAS A SENATOR ALL ALONG, hitting Red Wings coach Mike Babcock with a folded-up metal chair before side-suplexing the entire Red Wings roster, then tearing his Red Wings sweater off to reveal the Sens logo beneath, with his face under the helmet.

The NHL Network's new Gary Bettman Isocam will capture each thrown projectile and hurled insult at every game the commissioner attends (four in all).

The Toronto Maple Leafs will win the Stanley Cup.

ZOOM

My selfie... inside a glacier

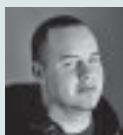


JONATHAN TUCKER/SOLENT NEWS

Enter the azure world of a glacier

A brave photographer risked his life venturing into a cave below a glacier to capture this self-portrait, in a frozen world akin to an ice age. Jonathan Tucker trudged through swamps and up a mountain for more than two hours to reach Mendenhall Glacier near Juneau, Alaska, 1,550 metres above sea level. The glacier is a staggering 21.9 kilometres in length. **METRO**

Photographer's view



"The glacier is constantly melting, so you never know if the cave will collapse at any minute. It took my breath away. It was terrifying."

Jonathan Tucker, 27, landscape photographer from Whitehorse, Yukon

Ice caves

- Caves form as a glacier moves over a disorder in the ground surface and it detaches itself from the floor. The base layer reconnects with the ground layer, forming striations, thin parallel lines made up of sediment, which refreezes to the base of the glacier.
- Eisriesenwelt, in Austria, is 42 km long — the longest ice cave in the world.

Claustrophobia? Not a problem

Locals had warned Tucker that the water inside the cave was so cold he would have survived for just 10 minutes if he fell in. The landscape photographer said: "I felt very claustrophobic at the beginning but it started to pass as I was taking photos. However, I then heard a crack or movement of the glacier above me, which sounded like I was in the clouds in a thunderstorm." **METRO**

Clickbait



HANNAH ZITNER

hannah.zitner@metronews.ca

From mapping the mysteries of the mind to discovering the science of sex, there's no shortage of podcasts promoting science for the non-scientists. So rejoice, just because you don't have a PhD in molecular physics, doesn't mean you can't marvel at the mind-boggling universe. Give these three programs a listen:

Neuropod:

From the history of hypnosis to Alzheimer's origins, this podcast, found on nature.com, breaks down the science in our noggins. No background in neurology needed.

RadioLab:

Covering a wide-range of topics from the history of the Heimlich manoeuvre to stories about the science of speed, the well-loved podcast frequently tops the "must listen" lists.

Star Talk:

Internet famous Neil deGrasse Tyson, pictured, keeps science cool by tapping into celebs for his (nearly) weekly podcast. Despite the name, Tyson doesn't just talk space — he also explores the science of "doing it."



GETTY IMAGES

Twitter



whiff of a weird smell and I don't want to know what it is."

@metropicks asked:

The emoticon marks its 31st anniversary. What's the one emotion for which you wish there was an emoticon?

@FrenchmanCanada: The "I was just being polite, I don't want you to send me more pictures of your DIY project" emoticon.

@CedricRichards: That one emotion for when you feel like a 90s kid

@AnneHayward2: walking on clouds; yearning/longing; dreaming; lots of them!

@NodalesA51: The "I just caught a

@sheldoncoelho: "Thank you, Sorry and Please" because emoting it is easier than saying it. #JustSaying

@dsteeley7: Straight-up unambiguous sarcasm. So many problems would be solved with a universally known/recognized sarcasm face

@Lissa3116: I think a drooling emoticon. #imweird #needitsometimes

@TravelWandering: Emoticon for "this conversation is OVER"

Follow @metropicks and take part in our daily poll.

WE WANT TO HEAR FROM YOU:

Send us your comments: londonletters@metronews.ca

I think you're projecting

Sweet Magic. Festival takes fresh approach to what we see, hear



BACKSTAGE PASS
Mila Petkovic
london@metronews.ca

Why project images onto screens when you can project them onto large-scale model airplanes, bedroom furniture, framed photographs or the windows of abandoned buildings? London artist Wyn Geleynse might have the answer. He's pretty much done it all.

"Over the years I've projected onto just about everything, even smoke and steam," says Geleynse, a pioneer of multimedia art in Canada.

Geleynse, whose career in film and video spans nearly three decades, is one of 25 artists participating in the three-day Sweet Magic London (SML) festival this weekend. The festival, running Friday, Saturday and Sunday, includes 17 live music performances and an array of art installations.

His installation for the festival involves a single-channel video projection onto a second-floor window of the newly converted three-storey arts centre DNA Artspace (123 Dundas St., formerly Fodemesi Shoes).

Frosted tracing paper on the window will act as a screen and the film loop will show the comical spectacle of a man cleaning the window with his tongue.

Another London artist, Chuck Blazevec, is set to perform Saturday night. He is the mastermind behind the ambient-space pop project Dreamsploitation, as well as a member of the band You'll Never Get to Heaven.

His dreamy, ethereal music — despite being densely interwoven with layer upon layer



Wyn Geleynse is a multimedia artist from London. His work is on display at the SML festival this weekend.

COURTESY SWEET MAGIC LONDON FESTIVAL

of samples and colourful sound trinkets — floats and flickers as if it is on waves. It is inspired by film scores of the

late '60s and early '70s.

"During that time, composers and arrangers from academic institutions were

exploring advanced orchestration within the scope of pop music," says Blazevec, who cites Ennio Morricone's score

Around town

- **Get artsy.** Catch emerging artists Wormwood and Each Other playing Tuesday at APK (347 Clarence St.). Doors open at 9 p.m. Tickets are \$7.
- **Fresh tunes.** Greg McEvoy EP release is 10 p.m. Saturday at the London Music Club (470 Colborne St.). Admission is \$7.

of the 1971 film *Veruschka* as an important influence. "It's a more experimental, less structured idea that still works within a more accessible language — bridging art and pop music."

Toronto-based composer/cellist/electronic musician Nick Storrington is also performing Saturday with his project the Knot, an improvisational cello duo.

"The Knot is cellos not sounding like cellos. It's more textural and percussive. We hit our bodies and put stuff on the strings to change the sounds," says Storrington, a composer of modern chamber music and winner of the 2011 Toronto Emerging Composer Award. "There are melodies as well, but this is more sound-oriented stuff."

"We are exploring the cracks between notes."

For his new lush orchestral solo album, *Gardens* (not yet released), Storrington layers different combinations of instruments to create new sounds instead of relying on processing with computer software.

Along with local faces, the SML festival — presented with McIntosh Gallery and the London Arts Council — will feature acts from as far away as New York, Paris and New Zealand.

Three-day passes are \$20. Check out sweetmagiclondon.com for details.

Sharability



easy

hard



Gwyneth Paltrow. ALL PHOTOS GETTY IMAGES

Public showers aren't really Paltrow's thing

And here we thought the people who brought flip-flops to wear in the gym shower were high maintenance — but they don't touch Paltrow. The actress reportedly has an assistant

go in and wipe down her gym's shower before she uses it.

"She refuses to touch what she calls 'somebody else's shower water,'" a source says.



Liam Hemsworth

Hemsworth gets lucky in Las Vegas

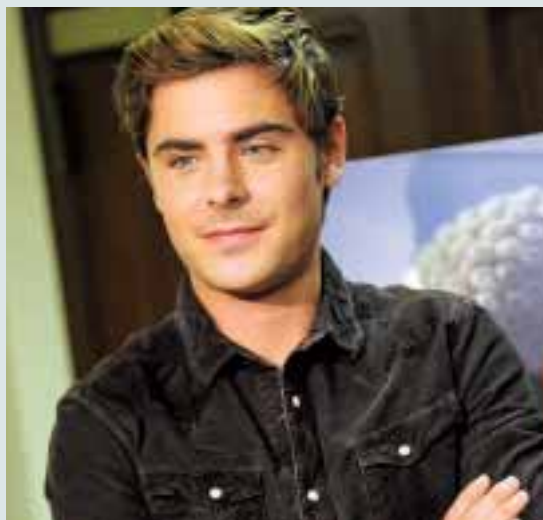
Liam Hemsworth seems to be taking his split from fiancée Miley Cyrus quite well. The Paranoia actor reportedly hit it off with singer-actress Eiza Gonzalez in Las Vegas after they had "just met," chatting over drinks at a nightclub,

according to TMZ. And back in L.A., Hemsworth was spotted stopping by her apartment to drop off a piece of luggage — and engaged in quite the passionate lip-lock in the parking garage.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



It was cocaine, not booze that sent Efron to rehab: reports

THE WORD

Melinda Taub
scene@metronews.ca

Zac Efron's people came clean yesterday and said that he'd recently completed a stint in rehab for alcohol abuse.

However, that burst of honesty may have been a bit of sleight of hand to distract from something they still didn't want to talk about: It was reportedly cocaine, not alcohol

(or not just alcohol), that drove the once squeaky clean High School Musical star to seek treatment.

According to TMZ, Efron's problem was at its worst this spring, when he missed several days of filming on Seth Rogen's *Neighbors* due to his cocaine abuse.

Uh... so? I mean yeah, cocaine's illegal and a harder drug, but am I the only one surprised that this is such a big deal?

Addiction is addiction, and he's in treatment for whatever it was. Also, everyone in Hollywood seems to do drugs.

Betty White probably does drugs. How else could she be so perky at her age?

Twitter



@aplusk

Yesterday was today's author and today will be tomorrow's but we each hold our own pen.



@lenadunham

You guys, not trying to brag but I was in an elevator with a model.



@SethRogen

"If you pedal uphill enough, peddling flat feels like going downhill." - Lance Armstrong's biography I'm writing in my head.



Madonna

What do you get the singer who has it all? A bong

Madonna didn't hold back when taking part in a recent Reddit Ask Me Anything session, fielding all sorts of questions from the online community. For example, the last dream she remembers having that she's willing to share? "Brad Pitt and I were living

together and there was a small blond child in the bed," she responded. "Sorry Angelina, it was only a dream." And how about the best birthday present she's ever received? "I got a bong in the shape of a penis," Madonna replied.

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My first fashion week

Even the most jaded, poker-faced fashion industry vets started out as bright-eyed youth excited to get a standing room only ticket. We asked a few seasoned insiders to recall the moment of their first entry into fashion's hallowed runway shows.

METRO WORLD NEWS

Lara Mullen, model

"Having been scouted by my model agency Premier two weeks before the shows, I suddenly found myself en-route to New York with a set of polaroids and my auntie Wendy. Many surreal moments followed which certainly got the adrenaline pumping! From balancing in sky scraper heels at Alexander Wang (my very first show), to walking the Prada Milan exclusive to Gisele coming to my rescue at Givenchy, after the strap of my shoe broke!"



Sam McKnight, hair stylist

"The year 1985 in London was all very 'ab fab.' There was a lot of attention on all the club culture and the New Romantics. For Katharine Hamnett's first show we did these kind of flick-up, Miss Money Penny-style wigs. Afterwards Lynne Franks, the PR guru (and my agent at the time) threw Katharine a big party at a warehouse in Covent Garden. Lynne made me go home and get one of the wigs from the show so she could wear it. We couldn't find the headband that went with it so Lynne ended up using a tea towel wrapped around her head. That kind of sums up the energy of the time. It was just about having fun. The whole thing was incredibly creative."



Tom Pecheux, makeup artist

"I was assisting at a Chloé show that featured all the supermodels like Christy, Naomi, Linda and Claudia. They all wanted their makeup done by the lead makeup artist or the other assistant that they already knew. No one wanted me so I went to get a coffee. When I came back Christy Turlington was sitting on my chair. I asked her if she was waiting for someone to do her makeup and she said, 'No, you can do it if you want.' I was so happy but also so afraid. My hands were shaking the entire time. Christy isn't only a beautiful model, she's also a wonderful person."



Dani Stahl, style editor-at-large at NYLON

"Whilst interning at Elle magazine I was writing my senior college paper on Betsey Johnson, so my boss took me into the show. I stood all the way in the back and desperately tried to take pictures. I could barely even see but I thought it was the greatest thing that could ever happen."

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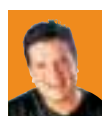
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HOT OFFER

Warm up to chilly weather in style

Got a light, airy decor and want to make it warm and cozy for the fall? Use neutral colours like grey, black and brown and add a few textures here and there; you'll have a space that looks just as stylish throughout the winter as it did last summer.



DESIGN CENTRE
Karl Lohnes
home@metronews.ca

Flannel sheets

Replace those jammies and get in bed with something warm and fuzzy. Polka Dot Flannel Sheets, starting at \$25, simons.ca.



Synthetic cowhide

Throw this over a larger rug for a layered look and cozy feel underfoot. Looks like the real thing! Synthetic Cowhide, Nevada in Camel & Beige, \$249, homesav.com.



Electrical fireplace

Handsome Scandi-1970s design that adds optional heat during those chilly nights. Slips into the closet during summer months. Aspen Pedestal Electric Fireplace, \$249, homedepot.ca.



Cast iron

A fabulous industrial look with the returning popular trend of cast iron. Staub Teakettle, \$150, crateandbarrel.com.



Mohair throw

This will become your best friend on those snowy, grey days. Cuddle up with a good book in style. Mohair Throw, \$199, zarahome.com.



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Paint can highlight a room's focal points

While an entire home renovation is not always feasible, there are ways to dramatically make over the home using paint. By highlighting the focal points of a room, like the flooring, a staircase, or a fireplace with carefully curated colour choices, these surfaces become style showstoppers in the home.

Sharon Grech, a colour and design expert at Benjamin Moore, explains how to paint unexpected surfaces for maximum appeal:

Paint the fireplace

A warm, glowing fireplace sets the mood as the weather starts to chill. To update the look of an outdated fireplace, all it takes is some paint, good quality tools and some elbow grease.

Step onto style

A technique that's trending among designers as a quick way to revitalize a space is through painting the flooring. Painted floors can hide a multitude of sins, like faded hardwood, cracks and chips and outdated tiles. As



A little paint can update the look of an outdated fireplace. NEWS CANADA

with most painting jobs, the floor must be completely sanded, cleaned to remove all dust and debris, and, in some cases, primed before the paintbrush can touch the floor.

Paint over panels

Wood panelling on walls can

make your home look like it is stuck in the 1970s. Rather than spending time and money to strip the panels, modernize them by painting them with a fresh coat of paint. The texture of the wood will still come through, which adds complexity and visual interest to the space.

A stairway with pizzazz

What better way to make a bold impact than with a beautifully painted staircase? Add a stencil pattern to a traditional white riser for a touch of whimsy, or even paint each riser a different colour to really stretch your creative muscle. Often a major focal point in



Highlighting the focal points of a room, like a fireplace or staircase, can become style showstoppers in the home. JANMIKS/COLOURBOX

the home, painting the staircase adds a wow factor in both traditional and contemporary settings. A designer trick for a

sleek modern look is to paint the entire staircase, including the handrail, one solid colour.

NEWS CANADA

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Colour. Add pop to your kitchen

Trend forecasters are showing that sleek and modern kitchens are expected to gain momentum in home updates for years to come. So, whether you are considering a kitchen renovation in the near future, or just wanting to make some minor adjustments to your existing space, these tips are sure to add a pop:

Bold accessories

An easy switch for any space, consider swapping out or adding some punchy accessories to brighten up your space. A glossy tray in a bold chartreuse or pop of pink doubles as storage and makes a swoon-worthy statement. Hand towels are another accessory that can easily be changed to incorporate a fun pattern or hue.

Ambient lighting

Lighting is a relatively inexpensive way to incorporate some drama into your kitchen. If you are working with a monotone space, consider emphasizing the eating area or even an island with multi-coloured lamp shades to add a spark of light. Pair this with a dimmer switch and you will be able to manipulate the amount of mood lighting.



Sleek and modern kitchens are expected to gain momentum in home updates for years to come. NEWS CANADA

Countertop appliances

If you are in the market for a new countertop appliance or are willing to commit to a more permanent colour scheme within your kitchen, consider purchasing items that boast a "fun" colour. Delta Faucet's newest Fuse line incorporates a splash of colour in a contemporary styled, single-handle, pull-down faucet.

Art prints

Etsy.com is constantly updated with fun, clever, and endearing prints that are often specific to the kitchen. Not

only are these prints affordable (within the \$10 to \$15 range), they are often printed in standard sizing, making it easy to pair with frames. Consider a monogrammed print that will allow you to infuse a personal touch into your space. Whether you hang one print or create a collage, these small additions can add a bold accent to your kitchen.

Whether you are ready to commit to colour or just looking to add a splash of hue to your space, these tips can guide you through your makeover.

NEWS CANADA

Guilt-free fast food: Chicken Chili Burritos

These burritos are still a bit of an indulgence, but ground chicken lightens the filling.

1. In large saucepan, heat 1 tbsp of the oil over medium-high heat; cook chicken, breaking up with spoon, until no longer pink, about 8 minutes. Drain fat from pan. Transfer chicken to bowl and set aside.

2. In same saucepan, heat remaining oil over medium heat; cook onion, garlic, oregano and salt until soft, 3 minutes. Stir in tomato paste; cook 1 minute.

3. Return chicken to pan. Add tomatoes and chili powder;

Ingredients

- 2 tbsp vegetable oil
- 1 lb (450 g) ground chicken
- 1 onion, chopped
- 2 cloves garlic, minced
- 2 tsp dried oregano
- 1/2 tsp salt
- 2 tbsp tomato paste
- 1 can (28 oz/796 ml) diced tomatoes
- 3 tbsp chili powder
- 4 large flour tortillas
- 3/4 cup shredded Cheddar



This recipe serves four to six. YVONNE DUIVENVOORDEN

bring to boil. Reduce heat to medium; simmer, stirring occasionally, until thickened, about 15 minutes.

4. Spoon chili onto centre of each tortilla; sprinkle with Cheddar. Fold in bottom and sides; roll up. Place, seam side down, on greased baking sheet.

5. Broil burritos, about 6 inches

(15 cm) from heat, until crisp and golden, about 10 minutes

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Cookbook of the Week

Best and easy, too



CBC Television and Canadian Living have teamed up again to offer foodies a second volume of the Best Recipes Ever cookbook.

Chapters in the sequel to the show's (Best Recipes Ever airs weekdays on CBC TV at 3 p.m.) best-selling book include: Weeknight Dinners, Weekend Dinners, Light & Lovely, Rise & Shine, On the Go and Sweet Treats.

Meanwhile, among the specific recipes are Cioppino, Tangine of Beef with Prunes, Raspberry Chipotle Wings, Frozen Peanut Butter Pie and more. METRO

Lunch. Smoked Ham, Brie & Cranberry Sandwiches



This recipe serves two. RYAN BROOK

"The cranberry sauce or onion marmalade in this sandwich definitely makes it one for adults," write the experts from The Canadian Living Test Kitchen in Best Recipes Ever Vol. 2.

"For a more kid-friendly lunch, use a fruit spread in-

stead."

1. Spread cranberry sauce over cut sides of bottom halves of rolls. Divide ham and Brie cheese evenly over cranberry sauce; top with lettuce. Sandwich with tops of rolls.

Ingredients

- 2 tbsp whole-berry cranberry sauce or onion marmalade
- 2 whole wheat kaiser rolls, halved
- 4 oz (115 g) thinly sliced smoked ham
- 2 oz (55 g) Brie cheese, sliced
- 2 leaves lettuce

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Home purchase price. Be wary of hidden fees



LESLEY SCORGIE
For Metro

Homebuyers, prepare yourselves. Experts recommend setting aside approximately two to three per cent of a home's purchase price for "hidden" fees such as:

Realtor fees: If you are sell-

ing a home while in the process of buying a new one, and have used a realtor, you will pay a hefty fee for their service. The going rate in Canada is seven per cent on the first \$100,000 and 3.5 per cent on the remaining purchase price balance.

Legal: To finalize your home purchase you will have to hire a lawyer/notary to process the deal.

Land transfer tax: This is

likely the most expensive aspect of closing costs for a resale home, which is typically less than two per cent of the value of the property. It is a provincial or municipal fee for a change in real estate ownership.

Closing adjustments: Disbursements are property expenses that sellers have paid and need to be reimbursed for such things as utilities, municip-

pal property tax, and condo or maintenance fees.

Home inspection: Though home inspections cost as much as \$500, they can save major headaches later on. Inspectors render an opinion on the condition of the property and state what needs replacement or repair. If there is something majorly wrong with your property, an inspector should be able to detect it and your real-

tor can advise on whether you should proceed with the purchase.

Appraisal fees: These typically range between \$150 to \$300. However, if a mortgage is insured through the Canada Mortgage and Housing Corporation, Genworth or Canada Guarantee, the fees are generally waived. Appraisals are a tool to help buyers determine a home's market value.

GST: If you are buying a new home, you will pay GST, and may qualify for a rebate.

Interest adjustments: This is the amount of interest you will need to pay between the date of your closing and first mortgage payment.

Other hidden fees include home and title insurance, utility hook-up costs, an Estoppel certificate (for condominiums), and moving costs.



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Stats show that people who set financial goals are far more likely to achieve them compared with those who don't. SYDA PRODUCTIONS/COLOURBOX

Budget rules

Stats show that people who track their money and set financial goals are far more likely to achieve them compared with those who don't.

Homeowners, in particular, need a budget in order to track their expenses, of which there can be dozens each month, and ensure they don't wander financially astray.

Create a new spreadsheet or download a budget tracking tool from your bank's online website, the Canada Mortgage and Housing Corporation, Mint.com, or Google documents.

Start by listing all your sources of monthly income — employment, freelance work, royalties, consulting, child support, alimony, government support, bottle returns, etc. Total it up.

Next, list your sources of expenses. But when you do this, put your mandatory expenses up top like retirement savings, mortgage payments, taxes, insurance, condo fees, loan payments, utility bills, home maintenance and groceries. Nice-to-have expenses, such as dinners out with friends, should be listed below. Total up

Increase your income

- If your budget is squeezed each month, increase your income and try the following — get a second job, work extra hours, take on freelance or consulting work, hock your possessions on Kijiji, get a roommate, or rent storage space.

your expenses.

When you subtract your total expenses from your total income, you have your bottom line. If you are in the red, you will need to cut back on nice-to-have expenses and/or increase your income.

As a homeowner, the biggest favour you can do yourself is budget for regular home maintenance like furnace cleaning, and plan for the unexpected like a water heater conking out or sink dripping through the floor. Most experts recommend you have between one and three months worth of salary set aside for "just-in-case" home expense surprises. **LESLEY SCORGIE**

MLB

Hamilton helps Halos handle A's in extra innings

Josh Hamilton hit a tying two-run homer in the ninth inning then put the Angels ahead with an RBI single in the 11th, leading Los Angeles over the Oakland Athletics 5-4 Wednesday.

Hamilton connected against Grant Balfour, who blew his third save of the season. Jesse Chavez (2-4) was the loser.

Mike Trout added a two-run home run for the Angels, who won for the fourth time in five games.

THE ASSOCIATED PRESS

NFL

Gronk gears up for gridiron return

Rob Gronkowski says he's making significant progress but won't say if he'll return for the Patriots' next game.

The star tight end has been sidelined the past two games after off-season forearm and back surgery. New England plays at home Sunday against the Tampa Bay Buccaneers.

Gronkowski participated in practice on a limited basis on Wednesday and said afterward that he'll play when he's told to.

The Patriots have managed to win their first two games by a total of five points while quarterback Tom Brady's rookie receivers have struggled to get to the spots where he's thrown the ball.

THE ASSOCIATED PRESS

Silver lining

Sinclair scores star on Walk of Fame

The accolades have poured in since Christine Sinclair's stirring performance at the 2012 London Olympics, but now Canada's top female soccer player will really be a star.

The Canadian team captain who held the country spellbound as she scored three times against the powerhouse United States in the Olympic soccer semi-finals, and then made an impassioned denunciation of some questionable refereeing, is to be honoured with a star on Canada's Walk of Fame in Toronto on Saturday. The ceremony will be shown on Global TV on Oct. 27.

THE CANADIAN PRESS



London's newest Knight, Owen Stewart, takes the ice for his first team practice Wednesday at Budweiser Gardens. ANGELA MULLINS/METRO

Knights spend \$1K to bolster blue-line

Owen Stewart.

Defending OHL champs acquire defenceman from Rangers to fill void left by Maatta and Zadorov, who are at NHL camps



DAVE LANGFORD
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London is a day away from opening its Ontario Hockey League season and the grim reality is setting in for Knights general manager Mark Hunter.

Forwards Max Domi, Bo Horvat, Michael McCarron — all first-round NHL selections this year — are still skating with Phoenix, Vancouver and Montreal and will not be in the lineup Friday against the Plymouth Whalers.

And Alex Broadhurst is

The arrival of a rival

"It's kind of cool getting traded to a rival, but I lucked out. London is an awesome organization."

New Knights defenceman Owen Stewart, who was acquired from the Rangers on Wednesday. Joining a team with an automatic entry into this season's Memorial Cup took the sting out of the move, Stewart said. "It's like junior hockey's Stanley Cup.

still with Chicago.

Defencemen Olli Maatta and Nikita Zadorov — two other first-round choices — remain with Pittsburgh and Buffalo and will be watching the season opener on their laptops.

So what is a GM supposed to do to make certain the lineup left behind is a formidable one, even with the recent returning forwards Josh Anderson, Brett Welychka and Ryan Rupert already back in the House of Green?

Go find a defenceman with OHL experience, that's what.

Hunter did just that Wednesday when he acquired

Kitchener Rangers defenceman Owen Stewart, 17, through the league waiver wire. The cost for Stewart, who's starting his second OHL season, was \$1,000.

"We needed a little more depth with Zadorov and Olli Maatta not being around, so we needed somebody," Hunter said candidly. "I've always liked (Stewart). I had seen him in minor midget.

"He's a young man who can skate, but he needs some work on his game like all young men do. But there is an upside there."

And where does he fit in with the existing defence that is clearly short on experi-

ence?

"Right now, he fits in the top six. He's going to play, and he's going to start on Friday night. And we will see what he can do."

Stewart said he heard "rumours" that he was not long for his anticipated second season with the Rangers and those rumblings were confirmed Sunday night in a phone call with his agent.

"I was shocked," Stewart said. "But I am pretty happy I ended up in London. It's a pretty special place."

Want more Knights?

If you're pumped and ready for the official 2013-14 season kickoff, you won't want to miss the special London Knights section in Friday's Metro. The section is dedicated to all things Knights as the team starts down the road to the Memorial Cup.

4 SPORTS

Lupul eases back into on-ice action

NHL pre-season.

Winger makes training camp debut with Leafs after dealing with injury

Joffrey Lupul knows he shouldn't have pushed it.

When the Toronto Maple Leafs winger with a history of lower-back issues felt the area tighten up before training camp started, he acknowledged rest would have been the best approach. When he tried to skate through it, the spasms cost him a week of time on the ice with teammates.

But after Lupul got through his first practice Wednesday, he was confident that mistake won't set him back too much as he tried to prepare for the start of the regular season.

"Obviously not the way I wanted to start the camp, but just happy everything's feeling better now," Lupul said. "We're taking it slow. It's obviously

not the same way you'd probably treat an injury in the regular season. It's good that way. I guess time's on my side."

Barring a flare-up of back problems, Lupul is expected to get some pre-season games in before the Leafs visit the Montreal Canadiens for opening night Oct. 1. Starting with Thursday's game at the Ottawa Senators, they have six left, so there are plenty of opportunities.

But Lupul's focus is on getting ready for games that matter. In that regard, Wednesday's practice — which lasted almost two full hours — shed some light on what Toronto's forward lines could look like.

He skated on left wing with centre Tyler Bozak and right-winger Phil Kessel, a line that spent limited time together last season because the 29-year-old Lupul played just 16 games due to a broken arm and concussion.

James van Riemsdyk and David Clarkson skated together,

Reality TV in the rink

There were more cameras than normal at Wednesday's Leafs practice.

- HBO's 24/7 was making its first appearance at the team's practice facility, more than three months before the Winter Classic.

- It was a one-day cameo and a taste of what players and coaches will encounter once daily shooting gets underway in December for the league's annual behind-the-scenes series.

er, though Nazem Kadri seems more likely to centre that line than Joe Colborne once things get underway. David Bolland between Mason Raymond and Nikolai Kulemin is also a possibility for the third line.

THE CANADIAN PRESS



Joffrey Lupul, seen here in the Eastern Conference quarter-finals in May, had his debut at Leafs training camp delayed by back spasms.

CLAUS ANDERSEN/GETTY IMAGES FILE

NHL

Jets extend GM Cheveldayoff's contract

The Winnipeg Jets are giving general manager Kevin Cheveldayoff the same security they give their star players as he tries to turn the team into a playoff contender.

The club extended Cheveldayoff's contract through the 2017-18 season on Wednesday, a much longer deal than head coach Claude Noel was given in the off-season. His contract will expire at the end of next season.

Cheveldayoff was named to the position in June 2011 as the Jets relocated to Winnipeg from Atlanta.

In his two seasons with the team, the Jets have an overall record of 61-56-13 but missed the playoffs both years.

Cheveldayoff spent two seasons as assistant general manager of the Chicago Blackhawks before joining the Jets. THE CANADIAN PRESS

NFL

RG3 ready to run more to spark winless Redskins

Look for Robert Griffin III to start running again.

The Washington Redskins quarterback said Wednesday that he might start running the ball more to help give his team a much-needed spark after an 0-2 start.

"It's not that I want to run more, I just feel like that's what we need," Griffin said. "If that's what it takes to win games, then I'm willing to do that."

Griffin has carried the ball only nine times in two games, and he's yet to run the ball out of the zone-read, the type of play that befuddled defences and helped him set a rookie QB rushing record with 815 yards a year ago.

Griffin said he isn't hindered by the brace on his right knee, a reminder of his off-season surgery. Teammate Pierre Garcon says it's "common sense" that the brace would slow Griffin down, and Griffin responded by jokingly challenging Garcon to a race.

The Redskins play Detroit on Sunday.

THE ASSOCIATED PRESS

PGA. Tiger backs closer look at TV viewer call-ins on rules violations

Tiger Woods was asked twice about his position on television viewers able to call in possible rules infractions. He never answered that question directly.

That's not to suggest he had nothing to say about the role of TV.

Woods, who met with PGA Tour commissioner Tim Finchem before his news conference Wednesday at the Tour Championship, said there needs to be a time limit on calling in potential infractions. He also stated the obvious — that he's on TV a lot more than anyone else.

"I think with HDTV, I think that's been a huge transition," Woods said. "I think that there are certainly a lot more viewer call-ins, and I think what people don't realize is that our rules staff gets quite a few calls every week. A lot of them never see the light of day, but they're handled with the players."

"It's a new age in which there is a lot of cameras that are around — well, around my group and then some of the top players," he said. "I think the commissioner was right. We're going to have to



Tiger Woods isn't totally opposed to TV viewers calling in rules infractions. THE ASSOCIATED PRESS

have more discussions about it in the future. I think that's actually happening right now."

Finchem had said Tuesday that one of the issues is determining when it would be reasonable to accept outside information, and he raised the notion of a time limit.

Finchem said the tour will "probably be taking another harder look" after the season, though he might have been talking about the impact of television more than the viewer calling in.

THE ASSOCIATED PRESS

MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
Boston	92	60	.605	—
Tampa Bay	82	68	.547	9
Baltimore	80	70	.533	11
New York	79	72	.523	12½
Toronto	69	81	.460	22

CENTRAL DIVISION

	W	L	Pct	GB
Detroit	88	63	.583	—
Cleveland	82	69	.543	6
Kansas City	79	72	.523	9
Minnesota	65	86	.430	23
Chicago	60	92	.395	28½

WEST DIVISION

	W	L	Pct	GB
Oakland	89	63	.586	—
Texas	82	68	.547	6
Los Angeles	74	78	.487	15
Seattle	66	85	.437	22½
Houston	51	100	.338	37½

Wednesday's results

Minnesota 4 Chicago White Sox 3
L.A. Angels 5 Oakland 4 (11 inn.)

N.Y. Yankees at Toronto

Seattle at Detroit

Texas at Tampa Bay

Baltimore at Boston

Cincinnati at Houston

Cleveland at Kansas City

Tuesday's results

Toronto 2 N.Y. Yankees 0

Baltimore 3 Boston 2

Cincinnati 10 Houston 0

Texas 7 Tampa Bay 1

Oakland 2 L.A. Angels 1

Chicago White Sox 4 Minnesota 3

Cleveland 5 Kansas City 3

Detroit 6 Seattle 2

Thursday's games — All times Eastern

Seattle (Paxton 2-0) at Detroit (Fister 12-9), 1:08 p.m.

Houston (Keuchel 6-9) at Cleveland (Jimenez 12-9), 7:05 p.m.

N.Y. Yankees (Kuroda 11-11) at Toronto (Redmond 3-2), 7:07 p.m.

Texas (Darvish 12-9) at Tampa Bay (Moore 15-3), 7:10 p.m.

Baltimore (Tillman 16-6) at Boston (Lackey 9-12), 7:10 p.m.

Minnesota (Correa 9-12) at Oakland (Straily 10-7), 10:05 p.m.

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Atlanta	89	62	.589	—
Washington	81	70	.536	8
Philadelphia	71	80	.470	18
New York	67	83	.447	21½
Miami	55	96	.364	34

CENTRAL DIVISION

	W	L	Pct	GB
St. Louis	88	63	.583	—
Pittsburgh	87	64	.576	1
Cincinnati	86	66	.566	2½
Milwaukee	67	83	.447	20½
Chicago	63	88	.417	25

WEST DIVISION

	W	L	Pct	GB
Los Angeles	87	64	.576	—
Arizona	76	74	.507	10½
San Diego	70	80	.467	16½
San Francisco	70	81	.464	17
Colorado	69	83	.454	18½

Wednesday's results

San Diego at Pittsburgh

Miami at Philadelphia

Atlanta at Washington

San Francisco at N.Y. Mets

Chicago Cubs at Milwaukee

St. Louis at Colorado

L.A. Dodgers at Arizona

Tuesday's results

San Francisco 8 N.Y. Mets 5

San Diego 5 Pittsburgh 2

St. Louis 11 Colorado 4

Washington 6-4 Atlanta 5-0

Philadelphia 6 Miami 4

Milwaukee 4 Chicago Cubs 3

L.A. Dodgers 9 Arizona 3

Thursday's games

All times Eastern

San Diego (Kennedy 6-9) at Pittsburgh (Cole 8-7), 12:35 p.m.

San Francisco (Bumgarner 12-9) at N.Y. Mets (Niese 7-7), 1:10 p.m.

Chicago Cubs (Arrieta 2-2) at Milwaukee (Lohse 10-9), 2:10 p.m.

St. Louis (Wacha 3-1) at Colorado (Oswalt 0-6), 3:10 p.m.

L.A. Dodgers (Nolasco 13-10) at Arizona (Miley 10-10), 3:40 p.m.

Miami (Alvarez 4-4) at Washington (Strasburg 7-9), 7:05 p.m.

CFL

EAST DIVISION

	GP	W	L	T	PF	PA	Pts
Toronto	11	7	4	0	321	288	14
Hamilton	11	5	6	0	288	303	10
Montreal	11	4	7	0	259	321	8
Winnipeg	11	2	9	0	224	333	4

WEST DIVISION

	GP	W	L	T	PF	PA	Pts
Calgary	11	9	2	0	346	268	18
Saskatchewan	11	8	3	0	354	258	16
B.C.	11	7	4	0	301	280	14
Edmonton	11	2	9	0	259	301	4

Friday's game — All times Eastern

Edmonton at Winnipeg, 8 p.m.

Saturday's games

Montreal vs. Hamilton (at Moncton), 4 p.m.

Toronto at Calgary, 7:30 p.m.

Sunday's game

B.C. at Saskatchewan, 4:30 p.m.

NFL

Thursday's game — All times Eastern

Kansas City at Philadelphia, 8:25 p.m.

Sunday's games

Tampa Bay at New England, 1 p.m.

Green Bay at Cincinnati, 1 p.m.

Cleveland at Minnesota, 1 p.m.

Houston at Baltimore, 1 p.m.

San Diego at Tennessee, 1 p.m.

N.Y. Giants at Carolina, 1 p.m.

Arizona at New Orleans, 1 p.m.

St. Louis at Dallas, 1 p.m.

Detroit at Washington, 1 p.m.

Atlanta at Miami, 4:05 p.m.

Indianapolis at San Francisco, 4:25 p.m.

Jacksonville at Seattle, 4:25 p.m.

Buffalo at N.Y. Jets, 4:25 p.m.

Chicago at Pittsburgh, 8:30 p.m.

Monday's game

Oakland at Denver, 8:40 p.m.

MLS

Friday's game — All times Eastern

Colorado at Portland, 10 p.m.

Saturday's games

Vancouver at Montreal, 2 p.m.

Kansas City at Toronto, 4 p.m.

Chicago at Columbus, 7:30 p.m.

D.C. at New England, 7:30 p.m.

Chivas at Houston, 8:30 p.m.

San Jose at Salt Lake, 9 p.m.

Seattle at Los Angeles, 10:30 p.m.

Sunday's games

Dallas at New York, 5 p.m.

Horoscopes

Aries

March 21 - April 20

It is important that you keep your thinking simple today. Don't go confusing people, or yourself, with ideas that are too big to grasp. You are already heading in the right direction.

Taurus

April 21 - May 21

You must not compromise your position, no matter how much pressure you may be under from those you work or do business with. Stay calm and simply refuse to budge.

Gemini

May 22 - June 21

You may be tempted to push ahead with a project you know friends and family are unlikely to agree with, if only to remind them that you are in charge. But is it worth the bother? The full moon says it's not.

Cancer

June 22 - July 23

You don't have to crack jokes every two minutes to keep others amused. The moon, your ruler, endows you with a wonderful sense of humour but it should be used sparingly.

Leo

July 24 - Aug. 23

Do you listen to the part of your mind that urges caution or do you listen to the part that says "take a risk"? Only you can decide but be aware that today's full moon could easily make a fool out of you.

Virgo

Aug. 24 - Sept. 23

Partners may be critical of what you are doing but if you are smart, you will listen to what they say today because in among all the wrong-headed comments is one that has a grain of truth in it.

Libra

Sept. 24 - Oct. 23

The more you complain about something, the worse it gets, so take the hint and shut up. It's quite possible that someone is being difficult for no other reason than they enjoy the negative way you respond.

Scorpio

Oct. 24 - Nov. 22

Don't give up on something because it isn't progressing as fast as you would like. It would be a shame to waste all the time and effort you have put into it. Come back to it later.

Sagittarius

Nov. 23 - Dec. 21

The full moon warns you could find yourself caught in the middle of someone else's war. There is no right side or wrong side in this dispute, so steer clear. It's not your fight.

Capricorn

Dec. 22 - Jan. 20

It's unlikely you will achieve much over the next 24 hours, so don't push too hard. Even a Capricorn needs to recharge their batteries once in a while, so plug in to the full moon and fill up on lunar energy.

Aquarius

Jan. 21 - Feb. 19

No matter how confident a friend sounds, you are advised not to be taken in by their latest big plan, especially if it involves your money in some way. There can be only one loser.

Pisces

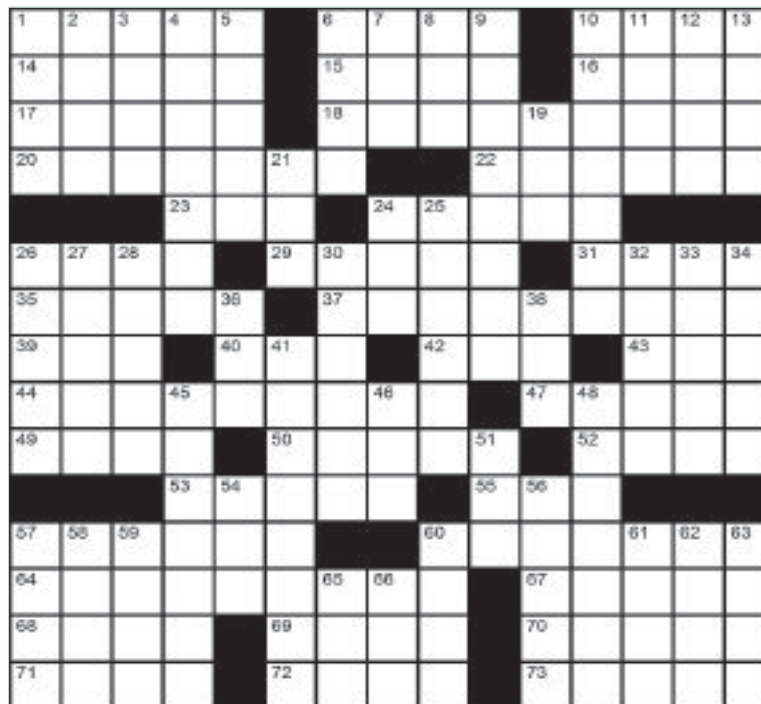
Feb. 20 - March 20

The moon is full in your sign today, which is good in some ways and not so good in others. You will be more active and ambitious but watch out you don't lose touch with reality. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

- Mr. Lundgren of "Rocky IV" (1985)
- Cartoon co-star of Phineas
- US state
- Dean Martin's "That's ___"
- Succulent plant
- ___ Jury (Mickey Spillane novel)
- Revolving mechanism
- Newfoundland seafood delicacy: 2 wds.
- Bilingual community of Winnipeg, St. ___
- Overly long sentences
- Actress, Lucy ___
- Literary genre
- Celebrity
- Welcome
- Bit of jazz
- There is no right side or wrong side in this dispute, so steer clear. It's not your fight.
- 'O' of TSO (Classical music!)
- Gr. Neil Young joined
- Howe'er
- PC 'key'
- Have a bug
- Miner hats attachments
- Farm mounds
- Naturalness
- Skin products giant
- Ancient harp
- "Star Wars" (1977) role, Darth ___
- Mr. Linden



- TV show
- Asks to the party
- Some of a Tim Hortons 'double double': 2 wds.
- Dionne Warwick's "___ Little Prayer"
- Same: French
- To ___ it may concern...
- Old tales

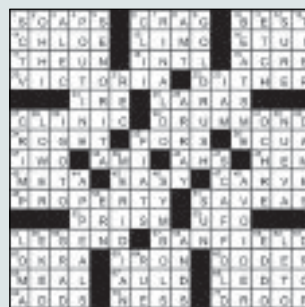
- "___ bien!"
- Puppy bites
- By ___ (How close races are won)
- Down
- "Oh, fudge!"
- 1847 Herman Melville story
- J.R.R. Tolkien trilogy, commonly
- Something to be

- solved
- "___ stand, head in hand..." - The Beatles
- Datum
- "Turn to Stone" gr.
- Mr. Stewart
- Becomes engaged, 1800s-style
- 'Find Fabulous For Less' store in Canada

- "Let ___" by Luba: 2 wds.
- Cast out
- So-so grades
- 'Danger' suffix
- Floor covering
- For each
- Withdraw from a court case
- Archival 'sheet' at the library

- Between harbours: 2 wds.
- Ms. Suvari's
- Dorm sharer
- Po River locale
- Skillet user, variantly
- Bogus
- Letters on a Cardinals player's baseball cap
- Wane
- Like intricate details on haute couture garments
- Gadgets
- TV's modern-day VCR
- Sackville, NB's Mount ___ University
- "Kung Fu" actor, Philip ___
- ___ Lingus (Ireland's flyer)
- "Canadian Idol" Season 4 champion, Eva ___
- Charge card printout, briefly
- Water carrier
- Ancient empire
- Belief systems
- Root vegetable
- Optometrist's study
- Mailing request, commonly
- Sushi tuna
- Floor cleaner

Yesterday's Crossword



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Today 26°/19° Mainly sunny
Friday 25°/10° Thunderstorms 40%
Your #1 weather forecast now available in HD.
Check your local ratings for details.
The Weather Network HD
TWN incorporates MSC data

visit metronews.ca

metro

QuestChat FREE TRIAL
519.439.4444
Other Cities 1.888.482.8282
Get #CHATON4200 Today!
The "CHAT" is FREE! No more! No more!
Free trial not applicable to #CHAT!
questchat.com
#CHATON4200

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FOUR, IF YOU WIN TICKETS TO THE PARTY



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STEAM WHISTLE OKTOBERFEST PACK
292862 | 2 x 500 mL \$14.95



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360081 | 4 x 600 mL \$24.00

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